

COUNTY CENTRAL HIGH SCHOOL



October 2011

Home of the Hawks



Important Dates

- Oct. 7 - PD Day No School
- Oct. 10 - Thanksgiving No School
- Oct. 11 - Picture Retakes
Sr. B JV @ STS
- Oct. 12 - Jr. Outdoor Ed Zoo Trip
AMA Parent Mtg. 7 Pm 124 Rm.
- Oct. 13 - Jr. G VB Away
Jr. B VB @ Home
- Oct. 14 - **Friday #2**
Sr. B/G VB @ Taber
- Oct. 15 - Sr. B/G VB @ Taber
Sr. Provincial X-Country
- Oct. 17 - P/T Interviews 5:30-8:30 Pm
PE 20/30 Fall Trip Lethbridge
- Oct. 18 - P/T Interviews 3:30-6:30 pm
Sr. JV VB @ Home
Bodyworks Mtg. 7 Pm Lib.
- Oct. 19 - Jr. G VB @ Home
Jr. B VB Away
Sr. G VB @ Home
- Oct. 20 - Jr. G VB @ NCS
Jr. B VB @ Home
- Oct. 21 - **Friday #1**
Sr. B JV VB @ Oilfields
Movie Night "Harry Potter"
- Oct. 22 - Sr. B JV VB @ Oilfields
Jr. G/B Gr. 7/8 VB @ Calgary
- Oct. 25 - Jr. G VB @ Home
Sr. G JV VB @ Home
Sr. B JV VB @ OHS
- Oct. 27 - Sr. JV VB @ STS
- Oct. 28 - **Friday #2**
Monster Smash VB Tournament
Sr. Dance 8:00 Pm
- Oct. 29 - Monster Smash CRC
- Oct. 30 - United Church Turkey Supper
- Oct. 31 - Halloween
- Nov. 1 - Sr. B JV Game
- Nov. 2 - Sr. B VB Game
- Nov. 4 - **Friday #1**
Sr. B VB Tournament Away
Jr. Zone VB Away
- Nov. 4-6 - Youth Explosion CRC/Gym

SCHOOL PICTURES

TUESDAY, OCTOBER 11

Is picture retake day.

Please wear bright clothing and a big smile!!

PRINCIPAL'S MESSAGE

What are our students like? This question gets thrown around all the time by people who are new to the community or just arriving. Students are often the first people some of these people meet. I can honestly say that I am proud of the students we have in our building. For example, Mike, Shelby and Samson offered their services to a lady from the ATA when her hands were so full and she couldn't carry another thing. They made the effort to carry ALL of her stuff and she was so thankful. In fact, she recently sent each young man a gift certificate from the A&W. I asked the grade 12 class to do something about a parking issue in the front of the school that was causing some issues. They took it upon themselves to reorganize the entire lot last Friday (with a little help from Mr. Shain and myself). Everyone pitched in and in the end we opened up probably 15 new spots of parking in the front of the school! I've had some wonderful discussions with Turner and the experience he had at the National Leadership Conference and how he persistently tried to connect with a student who seemed to be "by himself" at that conference. The young man befriended Turner and really came out of his shell thanks to Turner's little act of kindness! These are just a few of the examples of what life around the school is like. It's truly about Citizenship...learning about what skills and attitudes they need to take beyond our high school's walls is something we as parents and (let me put on my other hat) we as teachers try to instill in our students every day. Are they perfect? No. Do they make mistakes? Yes. But our students are some of the greatest young people you will ever meet. That's my response and I'm sure many of us share this sentiment! We've got a great deal to be proud of at this school.

I think these stories remind us of Rachel's Challenge and the difference the "little things" we do make in the lives of those we touch every day. I invite each of you to continue to take up the challenge...find one small thing to do each day that makes a difference in the lives of the people around you. You never know when you might just start a "Chain Reaction" of kindness.

We received our Accountability Pillar results recently. It was most certainly the best results we have had yet. Not only are we once again an academic powerhouse, we are also showing strength in so many other categories. Green and blue resonate throughout the pillar summary. That's the result of hard work by parents, staff members, volunteers and most certainly our student body! Keep up the tremendous effort!

Just a reminder to all parents and students that Parent Teacher Interviews will take place on October 17th (5:30 PM to 8:30 PM) and October 18th (3:30 PM to 6:30 PM). Please contact Rose or Debbie in the office to make appointments to see each of your child's teachers. Each interview block will be 15 minutes in length. There will be coffee, juice and 'treats' for everyone in the front Foyer so help yourself. See you Monday and/or Tuesday!

Mr. Ken Garinger, B.Ed., M.Ed.

POST SECONDARY FAIR

County Central High School is hosting a post secondary fair on October 19th from 1-3pm. The event will be held in the CRC and will include recruiters from the following organizations:

RCMP, Trinity Western, University of Lethbridge, Lethbridge College, Prairie Bible College, St. Mary's University College, Canadian Forces, Red Deer College, University of Calgary, Lakeland College, Olds College, Medicine Hat College, MC College, College of the Rockies, Mount Royal University, University of Alberta, Bow Valley College, SALT, Kings College, Ambrose College, Concordia College, University of Regina, University of Montana Northern, and more. All students and parents are invited to attend. Please direct any questions or inquiries about this event to Brad Francis at 403-485-2223 or email at brad.ley.francis@pallisersd.ab.ca

County Central High School
Box 390 [504 - 4 Avenue S.]
Vulcan, AB, T0L 2B0
Phone: 403 485 2223
Fax: 403 485 2959



CELEBRATING ART



Friday September 30 marked the start of Alberta Arts Days. This last weekend of September has been set aside by the Alberta Government to celebrate and recognize the importance of the arts in our province. Across our whole province, many

different cultural organizations planned a variety of musical, dramatic, dance and artistic events to help us appreciate the important part that the arts play in our economy and to celebrate the creativity of Albertans.

At County Central, all of our students were involved in an activity to create Artist Trading Cards (think baseball cards with art images that are hand-made). At our usual Friday Assembly, we watched our talented Drama students take the stage to reprise their fight scene from last year's production of Peter Pan. After singing Happy Birthday to our September babies and a rousing version of O' Canada, students and staff took some time to trade our artist cards (you will be able to see a display of some of these cards in our lobby in October). Our thanks go out to everyone who made this activity a ton of fun for our students and an excellent reminder of the importance of creativity in our everyday experience!

CCHS DRAMA CLUB

This year the CCHS Drama Club will be performing *Divine Stella Divine*. Auditions were Wednesday, October 5th and Thursday, October 6th. The cast list will be posted on the County Central website under Activities as well as the Drama Club bulletin board by 8 am on Friday, October 7th. Any questions can be directed to Miss Blackwell at (403) 485-6180 or lee.blackwell@pallisersd.ab.ca or Josh Cookson at josh.cookson@pallisersd.ab.ca. Rehearsals will begin on Tuesday, November 1st.

Thank you to all who auditioned.

NOTICE FROM OFFICE

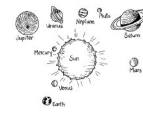
School fees are now due for Jr. High and 1st semester fees for Sr. High. If you have not paid your fees or have any outstanding fees you will not be able to participate in extra-curricular sports, dances, grad, field trips, ect.. until they are paid.

If there is some reason that you can not pay your fees at this time please call and make arrangements with the office. Post dated cheques will be accepted.

CCHS CLOTHING

A CCHS clothing order form is attached to the newsletter. You can also find a copy of the order form online at http://www.countycentral.ca/docs/library/CCHS_order_form_sept_13_111.pdf Orders are due by October 21.

VULCAN STAR GAZING



At our monthly Star Nights at the *Vulcan Tourism & Trek Station* members of the *Royal Astronomical Society of*



Canada, Calgary Centre will have telescopes available for FREE public viewing of the Moon, also planets, star clusters, nebulae and much more! The fun and discovery is on, "cloudy or clear!" nights. Bring your questions about planets, space probes, stars and comets, using telescopes, or anything else to the Centre. Fun for all ages! The Website is: <http://calgary.rasc.ca/vulcan2011.htm>

Date: Wednesday, October 12, 2011

Time: 7:00 pm

Location: Vulcan Tourism & Trek Station

Cost: FREE

MOVIE NIGHT

FRIDAY, OCTOBER 21ST 7:00 PM

"Harry Potter & the Deathly Hallows 2"

Prices: Children—\$2.00

Adults—\$3.00

Doors open @ 6:00 Pm

Pop and popcorn available at the concession.



CCHS FIRST AID

Every high school student at County Central has an opportunity to receive

Standard First Aid training. In Grade 10 our students are instructed in the equivalent of a two-day first aid course according to the strict standards set out by St. John Ambulance of Canada. High School students are certified in CPR for adults, infants and children, recognizing and treating shock dealing with cuts



and burns and many other first aid responses. These skills and the certification are valuable resume-builders and help our students recognize the importance of contributing to the safety of our community.

Students complete the practical exercises in Adult CPR

VULCAN BUSINESS DEVELOPMENT SOCIETY WOULD LIKE TO INVITE YOU TO THE FIFTH ANNUAL

SMALL BUSINESS DINNER



Where: Vulcan Legion
When: October 18, 2011
5:30pm: Reception
6:00pm: Dinner



6:45-8:30pm: Speaker, Dan Tocher of Greengate Power Corporation

Cost: \$10.00 per person

Please RSVP by October 11, 2011 to Cassie Thompson, 403-485-4100 or reception@vulcanbusiness.ca

Cheque's payable to VBDS, Box 1205, Vulcan, Alberta T0L 2B0. Please attach the names of the individuals attending.

Wind Energy & Our Community

The development of the largest wind farm in Canada is beginning in Vulcan County in 2012. Dan Tocher of Greengate Power Corporation will be describing this new development, how it will affect our community and how businesses and organizations can participate and benefit from the development of alternative energy resources in our region. Lethbridge College has partnered with our community in the development of training opportunities related to this industry. Come and find out more!



JOURNALISM CLASS ARTICLES

Horoscopes

October 2011

Aries! You will make new friends, and realize the old ones weren't doing you very much good. Keep focused on your extra activities because everything is going to get busy.

Taurus! You need to study hard in school because it is going to get tough to keep your grades up. Try to expand on activities try new things.

Gemini! You feel as though you've turned a financial and professional corner, Gemini. Recent accomplishments have you feeling energized and on top of the world! You exude confidence. It's a good feeling, isn't it? Members of the opposite sex are especially attracted to you right now. And who could blame them? You're looking great!

Cancer! Who knew you were so talented, Cancer? A creation done long ago suddenly takes on a life of its own. A short story written and submitted long ago is pulled from the bottom of the slush pile. Or a portrait you painted gets a second admiring look. Whatever the circumstances, you enjoy the recognition. Your work isn't the only thing receiving admiring glances. Your partner appreciates you, too!

Leo! Loving care is prescribed for someone in your family, Leo. Offer a bowl of soup and some tea, but beyond that try and stay out of the way. Sometimes uninterrupted quiet is the best cure of all. You could use a bit of this yourself. Why not curl up with a good book? Even if it's the middle of the day, draw the shades and pretend its night.

Libra! You might be in a financial jam right now, Libra. The stress of the situation has you considering some radical solutions. Would it really benefit your family if you took a second job? Confide in a friend and see if he or she can help you find a more agreeable solution. Perhaps a relative could give you a low-interest loan.



Scorpio! Don't spread the good news too quickly, Scorpio. As exciting as it is, nothing is confirmed yet. Keep the information under your hat until plane reservations have been made or you have the job offer in writing. Whatever the good news is, it's exactly what the doctor prescribed to give your self-confidence a boost.

Sagittarius! If you receive a financial windfall, spend it wisely, Sagittarius. Your tendency might be to buy gifts or treat a crowd to a lavish night on the town. But where is the enduring value? Invested carefully, a small chunk of money can grow into a much larger one, which will give you many more options. Be prudent.

Capricorn! You're energetic and enthusiastic today, Capricorn, and those around you respond favorably. It seems everyone wants to be in your orbit. Work at home and the office go quickly and smoothly. Because you have so much energy, why not take on a new project? Normally this would send you over the edge, but today you feel you could take on anything. Go for it.

Aquarius! There's tension all around you, so you'll be happiest spending as much time by yourself as possible, Aquarius. If you must interact with people, keep your communication clear and concise. There's room for misunderstanding, which could result in a major blowup over a minor event. It simply isn't worth the trouble being with people today. Seclusion is the only place where you'll find peace.

Pisces! You're ready for a change, Pisces, there's no doubt about it. As you grow older your interests broaden, and you're considering pursuing some of these new interests in earnest. Perhaps school beckons, or some adult education courses. You're ready to make a new place for yourself in the world. Go ahead and get started!

See you Next Month

Oh yah...GO HAWKS MONSTER SMASH!

Interviews



Michael Shain

Best parts about teaching your classes?

"When a student has a light bulb moment and a student understands

a concept."

What are some qualities you look for in your students?

Curiosity, Humor, Concentration and Intellect.

How do you handle class room discipline?

Differs for every student "I don't believe in a one size fits all." "I try to be fair and equal but everyone is different."

Why did you decide to become a teacher?

"Not sure but I liked school, always liked school, I like to think of myself as a lead learner in my class not a teacher."

What was your favorite subject as a kid?

"Social Studies"

Where did you go to high school as a teenager?

"Camille J. Lerouge Collegiate Sr. High School in Red Deer, AB

What sports did you play as a kid?
Rugby "Grrr!" Ultimate Frisbee

What is your teaching philosophy?

"Believe all students can learn if they are given the appropriate opportunities."

What are your university degrees?

Diploma Art and Design, Bachelor Fine Arts, Bachelor Education.



Owen

Favorite Subject?

Gym "Because I am very athletic and like playing sports."

Favorite Teacher?

Miss Seaman (She teaches gym)

Favorite Activities at Lunch?

"Going to the D-Space and socializing."

Likes and Dislikes about CCHS?

Likes: 45 min lunch, leave school at lunch

Dislikes: Always working, have to keep up with work (in Elementary you can slack)

What do you do between classes?

"Fight Graham and Kyle in the hallways."

What sports do you participate in?

Hockey and Volleyball "It's hard to say but I like hockey because the season is longer."

What do you want to be when you grow up?

Pro Hockey Star

Who is your role model?

Kyle Howe

What is your favorite thing to do in your free time?

Talk with friends and work out.

Any advice for fellow students?

"Don't mess with Graham, he'll mess you up."

Taylor



Favorite Subject?

P.E. "Because you get Physical Education!"

Favorite Teacher?

Mrs. Inaba "Because she is fun and she makes stuff fun."

Favorite Activities at Lunch?

Going down town

Likes and Dislikes about CCHS?

Like: Sports

Dislike: That there is no Jr. High pep rallies

What do you do between classes?

"Get my stuff for next class?"

What sports do you participate in?

Volleyball, Badminton and Track & Field

What do you want to be when you grow up?

P.E. teacher "Because I like physical education"

What is your favorite thing to do in your free time?

Volleyball "Because I like to improve all my SKILLS"

Has anything interesting happened to you lately?

Became captain of the volleyball team

Any advice for fellow students?

"Play sports"



Kurtis

Favorite Subject? P.E
"Cause all the other classes suck!"

Favorite Teacher? Mr. Monts because he teaches hockey program.

Favorite Activities at Lunch?
"EATING!!!!!"

Likes and Dislikes about CCHS?
"What's not to like?"

What do you do between classes?
"I do what I want!"

What sports do you participate in?
"Golf & hockey"

Who is your role model? "Myself"
"Cause I'm awesome"

What do you want to be when you grow up? "A rich person, cause I like money."

What is your favorite thing to do in your free time? What I want when I want"

Has anything interesting happened to you lately? "I owned the show in hockey"

Any advice for fellow students?
"Be more like me ;)"

FASHION AT CCHS

JESSICA

ROCKING A BLACK SHIRT WITH BLACK FLIPPLOPS!

FAV BRAND:
HILLABONG



JARROD

WEARING A BROWN TEE SHIRT WITH BLACK PANTS AS YOU CAN SEE!

FAV BRAND:
OLD NAVY



Local News

Lately a new business has joined our community. CPU or Canadian Pizza Unlimited has just opened their doors to the public. They are located across the street from Esso!

Also this year county central is proud to have increased the number of our students. This year we have increased by about 30 kids to a total of 290!!!



www.shutterstock.com - 49178555

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4	5 Zone X- Country	6	7 P.D Day No School	8
9	10 Thanksgiving No School	11 Picture Retakes	12 Jr. Outdoor Ed Zoo Trip	13	14 Friday 2 Sr. Boys JV VB @ Taber	15 Sr. Boys VB @ Taber
16	17 PE 20/30 Fall Trip Parent Teacher interviews 3:30-5:00 and 6:30- 8:30	18 Parent Teacher Interviews 3:30-5:00 and 6:30-8:30	19	20	21 Friday 1 Sr. Boys JV VB @ Oilfield	22 Sr. Boys JV VB @ Oilfield
23	24	25	26	27	28 Friday 2 Monster Smash And Sr. Dance	29 Monster smash
30 United church turkey supper @ CRC	31					

NEW MOVIES



The Double (Limited) A retired CIA operative and a rookie FBI agent investigate the possible resurfacing of a legendary Soviet assassin.



50/50 Joseph Gordon-Levitt and Seth Rogen star as best friends whose lives are changed when one of them is diagnosed with cancer.



Dream House A family moves into a new house, only to learn that the previous residents were brutally murdered, with the killer still at large.



What's Your Number? Anna Faris embarks on a quest to find the best "ex" of her life, by any means necessary, before she misses her chance at true love.



Courageous (Limited) Four police officers answer the call to serve and protect, but find themselves challenged in their duties as fathers.



Take Shelter (Limited) Plagued by a series of apocalyptic visions, a man questions whether to shelter his family from a coming storm, or from himself.



Tucker and Dale vs. Evil (Limited) Two best friends on vacation are mistaken for murderous backwoods hillbillies by a group of obnoxious college kids.

Advice

I'm starting middle school this year! I'm mostly excited, but a little nervous because I don't know anyone in my homeroom class yet. It seems like all my other friends are in the same homeroom class, and I'm kind of afraid that if they spend a lot of time together, they will forget about me and not want to be my friend anymore. Any advice? Thanks!



Solution: Don't be nervous, be yourself. You have to put yourself into the situation jump in include everyone in the class and around you.

Well ask me at

leslie.edwards@palliserd.ab.ca

October 2011

	Sun	Mon	Tue	Wed	Thu	Fri	Sat
							1 Jr. G/B VB Gr. 9 @ Rally Pointe
2	3 Sr. VB @ HHS Jr. G VB 3:40 CRC Sr. G VB 5:10 CRC	4 Jr. G VB @ St. Mary's Jr. B VB @ Home Sr. JV VB @ STS	5 Jr. B VB 3:40 CRC Sr. VB @ HCC Jr./Sr. X-Country Zone	6 Sr. JV VB @ FCHS Jr. B VB 3:40 CRC Jr. G VB Gym 3:40 Sr. G VB CRC 5:10	7 PD Day No School	8	
9	10 Thanksgiving	11 Picture Retakes Sr. JV VB @ STS Jr. G VB 3:40 CRC Jr. B VB 3:40 Gym	12 AMA Parent Mtg. 7 Km. 124 Jr. B VB 3:40 CRC Sr. B. VB 7:00 CRC Jr. Outdoor Ed Zoo Trip	13 Jr. G VB @ St. Catherine's Jr. B VB @ Home Sr. G VB 3:40 Gym Sr. B. VB 7Pm CRC	14 Friday #2 Sr. B/G VB @ Taber	15 Sr. B/G VB @ Taber Sr. Provincial X-Country	
16	17 PTI 5:30-8:30 Jr. G VB 3:40 CRC Sr. G VB 5:10 CRC Sr. B. VB 7 Pm CRC PE 20/30 Fall Trip	18 PTI 3:30-6:30 Jr. B VB 3:40 Gym Sr. JV VB @ Home 5:30 Bodyworks Mtg. 7 Lib.	19 Resource Fair CRC 1-3 Pm Jr. G VB @ Home Jr. B VB Away Sr. G VB @ Home Sr. B. VB 7Pm CRC	20 Jr. G VB @ NCS Jr. B VB @ Home Sr. G VB 3:40 Gym Sr. B. VB 7Pm CRC	21 Friday #1 Sr. B. JV VB @ Oilfields Movie Night "Harry Potter"	22 Sr. B. JV VB @ Oilfields Jr. G/B VB Gr. 7/8 @ Rally Pointe	
23	24 Jr. G VB 3:40 CRC Sr. G VB 5:10 CRC Sr. B. VB 7Pm CRC	25 Jr. G VB @ Home Jr. B VB 3:40 Gym Sr. G JV @ Home Sr. B. JV VB @ OHS	26 Jr. B VB 3:40 CRC Jr. G VB 3:40 Gym Sr. G VB Away Sr. B. VB 7Pm CRC	27 Sr. G VB 3:40 CRC Sr. JV VB @ STS	28 Friday #2 Monster Smash Jr. G JV VB Away	29 Monster Smash Jr. G SV VB Away	
30 United Church Turkey Supper	31 Jr. G VB 3:40 CRC Sr. G VB 5:10 CRC Sr. B. VB 7Pm CRC						

CCHS Athletics Clothing Order Form

Due: Oct 21, 2011



Name: _____

Please circle gender, colour and size needed, Style may change between Genders

Item #	Description of Item	Gender	Colours	Sizes	Selling Price Including tax	Units	Sub Total
ATHLETIC WEAR Athletes, Staff & Coaches							
A01	Nylon Jacket	F / M	Black	S, M, L, XL, 2XL	\$68.00		
	Name _____	Sport _____			\$2.00 each		
A11	Nylon Pants	Unisex	Black	S, M, L, XL	\$45.00		
A19	New H2X Dry Jacket	F	Black	S, M, L, XL, 2XL	\$68.00		
	Name _____	Sport _____			\$2.00 each		
B14	Fleece Pant w/ HAWKS down front leg	Unisex	Black	S, M, L, XL	\$35.00		
A13	Dry Tech Shorts 8"	M / F	Black	XS, S, M, L, XL, 2XL	\$32.00		
A14	Dazzle Short 8"	Unisex	Black	XS, S, M, L, XL, 2XL	\$26.00		
A03	Performance Zip Hoodie	M / F	Black / Royal w/ white	XS, S, M, L, XL, 2XL	\$60.00		
A81	Athletic Bag	Unisex	Black with Royal		\$50.00		
	Name _____	Sport _____					
A41	Golf shirt	M / F	Black / Royal / White	XS, S, M, L, XL	\$40.00		
A61	Dry Tech Mesh Tee	M / F	Black and White	XS, S, M, L, XL, 2XL	\$33.00		
	Dry Tech Mesh Tee	M / F	Black and Royal	XS, S, M, L, XL, 2XL	\$33.00		
A62	Dry Tech long sleeve	M / F	Black and White	XS, S, M, L, XL, 2XL	\$35.00		
	Dry Tech long sleeve	M / F	Black and Royal	XS, S, M, L, XL, 2XL	\$35.00		
A63	Long Sleeve Windshirt	Unisex	Black	S, M, L, XL	\$45.00		
	Name _____	Sport _____			\$2.00 each		
B44	Dress shirt Long sleeve	M / F	Black	S, M, L, XL	\$40.00		
B45	Ladies Dress shirt 3/4 sleeve	F	Black	S, M, L, XL	\$42.00		
B71	Tank Top w/ Hawk down side	M / F	Black	S, M, L, XL	\$20.00		
B72	Tee shirt w/ HAWKS on back	M / F	Black	S, M, L, XL	\$20.00		
B15	Ladies spandex shorts	F	Black	S, M, L, XL	\$30.00		
	Books				COMING SOON		
A16	New Tie Striped	Unisex	Black Royal		\$12.00		
A91	Tie Solid	Unisex	Black		\$12.00		
FAN WEAR All CCHS Students, Staff & Parents							
B73	Tee shirt Go Hawks	M / F	Black	S, M, L, XL	\$25.00		
B74	Tee shirt Large Hawks	M / F	Black	S, M, L, XL	\$25.00		
A82	Fleece Hoodie w/ Large Hawk crest	Unisex	Black / Royal	S, M, L, XL	\$50.00		
	Name _____	Sport _____			\$2.00 each		
A83	Fleece Hoodie w/ small crest	Unisex	Black / Royal	S, M, L, XL	\$45.00		
	Name _____	Sport _____			\$2.00 each		
Cheques payable to CCHS Sports Council					TOTAL		